**Week Beginning: March (3-7), 2025**

**Teacher: REICHARDT**

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|  | **Health Class** | **7th & 8th/9th& 10th Physical Education** | **Elementary Physical Education** |
| Monday | **Correct Chapter 7 Section 2 p.173 (1-5). Take Quiz on Chapter 7 Section 2. Discuss: How Fights Start. Assign Chapter 7 Section 3 p. 177 (1-5).**  **A (1-7) C (1-4) E (1-4) G (1-5)**  **B (1-6) D (1-6) F (1-6)** | **Attendance, Warm-Ups**  **7th/8th – Alaskan Softball Games**  **9th/10th – Badminton Tournament**  **A (1-4) C (3) E (1-5)**  **B (2,3) D (1-4) G (1-4)** | **Attendance, Warm-ups**  **4th – 6th - Indoor Soccer**  **Work on listening skills, running skills, muscular endurance, teamwork, soccer skills, and cardiovascular endurance.** |
| Tuesday | **Correct Chapter 7 Section 3 p.177 (1-5). Take Quiz on Chapter 7 Section 3. Discuss: Preventing Fights. Assign Chapter 7 Section 4 p. 184 (1-5).**  **A (1-7) C (1-4) E (1-4) G (1-5)**  **B (1-6) D (1-6) F (1-6)** | **Attendance, Warm-Ups**  **7th/8th – Alaskan Softball Games**  **9th/10th – Badminton Tournament**  **A (1-4) C (3) E (1-5)**  **B (2,3) D (1-4) G (1-4)** | **Attendance, Warm-ups**  **4th – 6th - Indoor Soccer**  **Work on listening skills, running skills, muscular endurance, teamwork, soccer skills, and cardiovascular endurance.** |
| Wednesday | **Correct Chapter 7 Section 4 p. 184 (1-5). Take Quiz on Chapter 7 Section 4. Assign Chapter 7 Review Questions p. 186 (1-16).**  **A (1-7) C (1-4) E (1-4) G (1-5)**  **B (1-6) D (1-6) F (1-6)** | **Attendance, Warm-Ups**  **7th/8th – Alaskan Softball Games**  **9th/10th – Badminton Tournament**  **A (1-4) C (3) E (1-5)**  **B (2,3) D (1-4) G (1-4)** | **Attendance, Warm-ups**  **4th – 6th - Indoor Soccer**  **Work on listening skills, running skills, muscular endurance, teamwork, soccer skills, and cardiovascular endurance.** |

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|  | **Health Class** | **7th & 8th/9th & 10th Physical Education** | **Elementary Physical Education** |
| Thursday | **Correct Chapter 7 Review Questions p. 186 (1-16). Study for Chapter 7 Test. Take Test. Assign Chapter 8 Section 1 p.199 (1-5).**  **A (1-7) C (1-4) E (1-4) G (1-5)**  **B (1-6) D (1-6) F (1-6)** | **Attendance, Warm-Ups**  **7th/8th – Alaskan Softball Games**  **9th/10th – Badminton Tournament**  **A (1-4) C (3) E (1-5)**  **B (2,3) D (1-4) G (1-4)** | **Attendance, Warm-ups**  **4th – 6th - Indoor Soccer**  **Work on listening skills, running skills, muscular endurance, teamwork, soccer skills, and cardiovascular endurance.** |
| Friday | **Correct Chapter 8 Section 1 p.199 (1-5). Take Quiz on Chapter 8 Section 1. Discuss: Carbohydrates, Fats, and Proteins. Assign Chapter 8 Section 2 p. 209 (1-5).**  **A (1-7) C (1-4) E (1-4) G (1-5)**  **B (1-6) D (1-6) F (1-6)** | **Attendance, Warm-Ups**  **7th/8th – Alaskan Softball Games**  **9th/10th – Badminton Tournament**  **A (1-4) C (3) E (1-5)**  **B (2,3) D (1-4) G (1-4)** | **Attendance, Warm-ups**  **4th – 6th - Indoor Soccer**  **Work on listening skills, running skills, muscular endurance, teamwork, soccer skills, and cardiovascular endurance.** |