

CRIVITZ SCHOOL DISTRICT

Return to Play Guidelines

Summer 2020



The Crivitz School District understands the severity of the COVID-19 pandemic and the difficult decisions that have had to be made during the final quarter of the 2019-2020 school year. The District aims to allow students the most opportunities while balancing the status of public health as the pandemic continues to evolve. Therefore, it is important to have solid guidelines that protect our students while allowing them to participate in activities they benefit from and enjoy.

The guidelines in the Return to Play Plan are designed only to mitigate participant, staff, or volunteer exposure to and spread of COVID-19. The protocols contained herein should not be relied upon or construed as a way to completely prevent a participant, staff, or volunteer from becoming infected with COVID-19. The guidelines within this plan were formed based on review of information provided by the Center for Disease Control (CDC), National Federation of State High School Association (NFHS), Sports Medicine Advisory Committee (SMAC), the Wisconsin Interscholastic Athletic Association (WIAA), the Marinette County Health Department, and Aurora Bay Area Medicine. The District reserves the right to close facilities, and modify these protocols as new information or best practices are released and as the public health situation evolves.

The COVID-19 virus affects and impacts each individual differently. Vulnerable individuals as defined by the CDC are people age 65 years and older and others with

serious underlying health conditions, including chronic kidney disease, COPD (chronic obstructive pulmonary disease), immunocompromised state (weakened immune system) from solid organ transplant, obesity (body mass index of 30 or higher), serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies, sickle cell disease and type 2 diabetes mellitus. Children who are medically complex, who have neurologic, genetic, metabolic conditions, or who have congenital heart disease are at higher risk for severe illness from COVID-19 than other children. It is recommended that individuals attending extracurricular activities as participants, coaches, officials, or spectators consult with their physician to gauge their own health risks during the COVID-19 virus pandemic. By choosing to participate, individuals need to understand they are at an increased risk of catching an illness.

Children who are medically complex, who have neurologic, generic, metabolic conditions, or who have congenital heart disease are at higher risk for severe illness from COVID-19 than other children.

Return to Play Guidelines for Summer School District Activities

Management

- Contact days or other activities are voluntary. Athletes should discuss their participation with their families regarding their own specific family health, needs, and concerns.
- All athletes will enter and exit through designated doors.
- Coaches will update all players and staff on current COVID-19 health mandates to be aware of COVID-19 symptoms, appropriate cleaning and disinfection, hand hygiene, and social/physical distancing measures.
- Attendance will be taken and records maintained for 14 days for the purposes of contact tracing if it would become necessary.
- No locker rooms will be provided.
- Athletes who do not follow the guidelines within this document may be asked to leave the practice at the coach's discretion.
- Coaches will submit a facility request form for the times and locations of their intended use of the facility for approval.
- Sales of concessions or use of the concession stands are not permitted at this time.
- Water fountains will not be available for use. Please bring your own water bottle.
- Limit the number of students and staff at one time. Only those individuals that are actually exercising or supervising students should be inside the facility.

- The School District of Crivitz will follow the [WIAA sport specific guidelines](#) for sports activities. Coaches are responsible to know and ensure that while at practice/open gym student athletes follow these guidelines based on the area's current COVID – 19 risk category.

Health and Safety

- Athletes and staff should refrain from participation if they exhibit any symptoms associated with COVID-19. (See screening questions) There is no penalty for non-participation.
- Temperature checks should be conducted at home by students/parent(s) prior to any daily participation.
- Athletes will fill out a prescreen survey upon entering the facilities. Any person with positive symptoms reported should not be allowed to take part in workouts and should contact his or her primary health care provider or other appropriate health-care professional. The coach should report this to school administration.
- All athletes will be required to bring their own filled water bottle in order to participate.

Cleaning and Sanitation

- Students and staff are to wash their hands or use hand sanitizer upon entering, every 30 minutes, and prior to leaving.
- Individuals should not consume spit-able foods like sunflower seeds, peanuts, etc.
- All personal clothes and equipment must be taken home each day for sanitizing.
- Equipment and practice jerseys should not be shared. If needed, students will need to bring any necessary attire.
- Coaches will clean any equipment used after the practice.

Social and Physical Distancing

- Social/physical distancing of at least 6 feet will be strictly monitored.
- Groups of students will be limited to 10 while using indoor facilities.
- Bathrooms for outdoor and indoor use are limited to two people at a time.
- Athletes may not congregate at any time or any group size.
- No touching other students, e.g., high fives, fist bumps, etc.
- No spectators or parents in any of the indoor spaces.
- Masks are required by staff if they are within 6 feet of another person.
- Self-provided masks are encouraged to be worn by students and are

recommended to be worn at all times except when engaged in physical activity.

Screening Questions

The following questions are to be asked of each student-athlete who would like to enter the building or outside facilities for an activity. Any person with positive symptoms will not be allowed to participate. If a student does have positive symptoms, they should contact his or her primary care provider or other appropriate health-care professional and the coach should report this to school administration.

The following will be sent over email to each student and they must answer no for all the following in order to participate:

- Is your temperature currently greater than or equal to 100.4 degrees Fahrenheit?
- Have you had a fever (> or = to 100.4 degrees Fahrenheit) in the last 48 hours?
- Do you have a cough?
- Do you currently have shortness of breath or difficulty breathing?
- Do you have a sore throat or any new loss of taste or smell?
- Are you experiencing any muscle aches, chills, or pains not related to sports activity?
- Have you been in close contact with a confirmed case of COVID-19 within the last 14 days?
- Do you have a new headache, nausea, vomiting, or diarrhea?

Individual Sport Protocols

The School District of Crivitz will follow the [WIAA sport specific guidelines](#) for sports activities. Coaches are responsible to know and ensure that while at practice/open gym student athletes follow these guidelines based on the area's current COVID – 19 risk category.

Athletic Use of the Weight Room

The weight room can be accessed by up to 10 athletes at a time. There must be one

coach in the weight room supervising at all times.

- Equipment must be cleaned by each student after their use.
- When spotting a bar, two students should be placed on each side of the bar.
- Students must bring their own water bottle.
- Physical distancing is expected while using the weight room.
- Hand sanitizer is recommended upon entering and exiting the weight room.
- When spotting a bar, two students should be placed on each side of the bar. If they cannot maintain a 6 foot distance from others during spotting they should be wearing a cloth face mask.

Sport Contest Risk

Higher Risk

Sports that involve close, sustained contact between participants, lack of significant protective barriers, and high probability that respiratory particles will be transmitted between participants.

Examples: Wrestling, football, dance.

Moderate Risk

Sports that involve close, sustained contact, but with protective equipment in place that may reduce the likelihood of respiratory particle transmission between participants or intermittent close contact or group sports or sports that use equipment that can't be cleaned between participants.

Examples: Basketball, volleyball, baseball, softball, pole vault, high jump, long jump, 7-on-7 football.

Lower Risk

Sports that can be done with social distancing or individually with no sharing of equipment or the ability to clean the equipment between uses by competitors.

Examples: Individual running events, throwing events (shot put, discus), golf, weightlifting, sideline cheer, cross country running (with staggered starts).

Fall of 2020

Further planning and protocols will be necessary for the fall sports season. Further guidance from the WIAA is anticipated. Items that will need further consideration include:

- Transportation to events
- Social distancing during contests/activities
- Health practices and procedures of opposing teams